

Sheryl Overby MS NCC LIMHP

Woodhaven Counseling Associates, Inc.

12001 'Q' Street, Omaha, NE 68135

Office: 402-592-0328 Fax: 402-592-4170

Email: soverby@woodhavencounseling.com

Website: www.sherylloverby.com

Education

MS Counseling and Guidance, Agency Counseling (*December 1988*)

University of Nebraska at Omaha, Omaha, NE (3.78/4.0)

BS Human Development and Relationships (*May 1985*)

University of Nebraska at Kearney, Kearney, NE (Magna Cum Laude 3.9/4.0)

Current Licenses and Credentials

Licensed Independent Mental Health Practitioner

State of NE # 1134 *July 30, 2013 to present*

Licensed Mental Health Practitioner

State of NE # 2630 *October 30, 2003 to present*

National Certified Counselor

National Board of Certified Counselors, Inc # 26682 *October 1991 to present*

Continuing Education

- ~ Maintained continuing education of **40 hours per year or more**, including yearly workshops for adolescents and children with problematic sexual behavior.
- ~ Attended National Adolescent Perpetration Network's annual conference, Albuquerque NM, 2007
- ~ Participated in monthly case consultation with Nancy Thompson, focusing on play therapy.
- ~ Obtained additional training for problems related to attachment, adoption, brain development and traumatized children.

Specialized Clinical Training

- ~ Trauma Focused Cognitive Behavioral Therapy, December, 2010
- ~ Treatment for School-Age Children with Sexual Behavior Problems and Their Families, April 2011
- ~ Dr. Bruce Perry, Neurosequential Model of Therapeutics, Fall 2012
- ~ Cognitive Behavioral Intervention for Trauma in Schools, August 2015

Program Development for Lutheran Family Services' RSafe© Program

- ~ Training Program Coordinator, developed and provided multiple day specialized sexual abuse training for human service workers and clinical providers
- ~ Protective Mothers 9 week class, Understanding Sexual Abuse Within The Family
- ~ Parents of Children with Sexual Behavior Problems 10 week class
- ~ Caring for the Sexually Abused Child 8 week class
- ~ Pre-adolescent girls ongoing treatment group for sexually reactive children
- ~ Trainer for new providers of caregiver group for 10-14 year old children with problematic sexual behaviors, 24 week group

Trainer / Consultant

- ~ Trained facilitator of Darkness 2 Light, Stewards of Children Program, which focuses on how to prevent sexual abuse by intervening with other adults who have contact with children.

- ~ Provided trainings to community groups, colleagues, foster parents, child advocacy center and juvenile justice workers regarding childhood sexual abuse or mental health topics.
- ~ "The "S" Word: Sexuality Issues for Children with Histories of Trauma", National ATTACH Conference, September, 2011, Omaha, NE
- ~ "When Playing Doctor Goes Too Far", Project Harmony's Speaking of Children Conference, April, 2015, Omaha, NE
- ~ Additional training resume available upon request

Clinical Work History

WOODHAVEN COUNSELING ASSOCIATES, Inc - Omaha, NE

(April 2011 to present-Full time)

Treatment of children and their families in private practice setting

LUTHERAN FAMILY SERVICES - Omaha, NE

(September 1998 to August 2009-Part time; August 2009 to April 2011-Full time; April 2011 to March 2016-Contract; March 2016 to present-Part Time)

- ~ RSafe© Treatment Program, individual, family and group therapy for children and families impacted by sexual abuse and/or sexual behavior problems.
- ~ Facilitated 3 classes for adults regarding sexual abuse and/or sexual behavior problems.
- ~ Parents United Program, led girls and boys groups for sexual abuse victims.
- ~ Led a group for pre-adolescent girls, dealing with both victim issues and causing sexual harm.

WARREN TOWNSHIP YOUTH SERVICES - Gurnee, IL

(October 1995 to July 1997 - Contract)

Clinical work using family systems and brief treatment models.

FAMILY SERVICES OF MCHENRY COUNTY - Crystal Lake, IL

(January 1990 to June 1994 - Full time)

- ~ Specialization with sexual abuse and incest families, child victims and adult survivors.
- ~ Supervised clinical work of approximately 5 therapists and students.
- ~ Provided Student Assistance Program services to local high schools.

OPERATION BRIDGE - Omaha, NE

(July 1988 to October 1989 - Full time)

Private non-profit agency utilizing team approach and one-way mirrors

Human Services Work History

COURT APPOINTED SPECIAL ADVOCATE (CASA) - Lake County, IL

Volunteer *(March 1995 to October 1995)*

DOUGLAS COUNTY JUVENILE COURT - Omaha, NE

Probation Officer *(January 1987 to July 1988)*

GIRLS AND BOYS TOWN - Omaha, NE

Assistant Family Teacher *(July 1985 to January 1987)*

Awards

Nominated for Employee of the Region at Lutheran Family Services, June 2008, June 2010

Professional Affiliations

- ~ Association Private Practice Therapists, Omaha, NE May 2011 to present
- ~ Metropolitan Child Advocacy Coalition, Omaha, NE - Prevention Committee chairperson September, 2011 to June, 2014